

FIT2Order's FIT Family Night



It's time to register for a
FREE FAMILY CRADLEROCK
Wellness event....

FIT2Order's
FIT Family Night!

When: April 25, 2018

Time: 6-8 pm

Highlighted Stations To Include:

- Kid Friendly Boot Camp
- Martial Arts
- Zumba
- Yoga
- Dance Party Finale
- Parent Nutrition Workshop
- Wellness Tables

A PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN.

PARENTS AND STUDENTS COME DRESSED TO EXERCISE TOGETHER!

To register for the event, you may complete the paper registration form and turn it in at school OR click on the hyperlink provided in the email message to register online. If registering online, please also click on **ADD ADDITIONAL REGISTRANT** to include all family members attending. For more information, please contact

Mr. Scott Delpo at Scott_Delpo@hcpss.org